

## PSHE

OVERALL AIM: We aim to provide a PSHE curriculum that develops all pupils physically, socially and emotionally. PSHE lessons offer all pupils the opportunity to develop essential skills, knowledge and understanding, and to address attitudes and values, all of which are necessary to help pupils make sense of their life experiences and feel confident and informed now and in the future. PSHE lessons aim to develop and nurture the holistic needs of our pupils which will then support them in accessing the rest of the Exhall Grange Curriculum.

### ACADEMIC

To create personalised learning opportunities that allows all pupils to make progress within the themes of relationships, living in the wider world and health and wellbeing. Lessons take into account pupils' levels of social development and understanding. We aim to ensure that all pupils gain skills and knowledge to enable them to live safe and healthy lives and to play an active role as future citizens and members of society.

Be your best self



### SOCIAL

Pupils are given opportunities to develop self-esteem, confidence, independence and responsibility and to make the most of their abilities. Pupils are given numerous chances to take part in discussions, role-plays and are encouraged to interact with their peers to think things through. Through PSHE lessons pupils gain skills to join in the community in a safe way.

Pupils develop their confidence, self-esteem, independence and sense of responsibility to enable them to make the most of their abilities. Specialist teachers support pupils to develop effective and fulfilling relationships and to learn to respect the difference between people. Lessons focus on building resilience, communication, self-esteem, keeping safe, planning for adulthood and developing a healthy lifestyle.

### INNER